

Maternelle Div. RSB1		BLENDED LEARNING CHOICE BOARD			
Try these activities first!	Literacy	<p>Working on your child's fine motor skills to help them with their hand writing!</p> <p><a href="https://www.ot-mom-learning-activities.com/kindergarten-hand-exercises.html">https://www.ot-mom-learning-activities.com/kindergarten-hand-exercises.html</a></p>	<p>Find as many objects in your home that start with the same beginning sound as your name. Count them when you are done. How many were there?</p>	<p>Work on Level 1 Module 3 on FLORA online. <a href="https://flora.nbed.nb.ca/">https://flora.nbed.nb.ca/</a></p> <p>Work on Level 1 Module 4 on FLORA online. <a href="https://flora.nbed.nb.ca/">https://flora.nbed.nb.ca/</a></p>	<p>Draw your favourite character from a book or television show and draw a story about them going to your favourite place. Can you label the beginning sounds of the objects in your drawing?</p>
	Numeracy	<p>Pattern Game: Collect pebbles or other small objects. The first player creates a pattern (such as "1 pebble, 2 pebbles, 1 pebble, 3 pebbles") and the second player must try to continue it. Then the second player creates a pattern for the first player to continue.</p>	<p>In the Kitchen: Create a pattern with knives, forks and spoons. Have the child first describe the pattern to you and then extend it with one or two repetitions.</p>	<p>Practice sorting. Think about how you can sort your crayons, pencils, markers, or toys by different categories. You can sort them by size, color, shape, and texture. Make sure to count how many of each item you have!</p>	<p>Continue to work on IXL 😊</p>
Additional activities	Physical Literacy/ Outdoors	<p>Les mains en haut – Dance along by jumping with your hands in the air <a href="https://safeYouTube.net/w/6YQC">https://safeYouTube.net/w/6YQC</a></p>	<p>As Fit as Your Age: Do as many of the following exercises as your age. For example, if you are seven years old, you will do 7 of the following exercises: jumping jacks, burpees, bunny hops, big arm circles, hop on one foot</p>	<p>Keep the Balloons up: Blow up some balloons, the object of the game is to keep the balloons from touching the ground or floor.</p>	<p>Penguin Waddle: Place a balloon between your knees and waddle across the room without dropping it. Make it more challenging by going around obstacles. If you drop it, go back to the start. Try timing yourself and try beating your best time!</p>

					You can play this in pairs by placing a balloon between you and your partners hips.
<b>Kindness/ Responsibility/ Community/ Social Learning</b>	Random Acts of Kindness Dinner: As your family eats dinner, plan one way to spread kindness. It can be as simple as reaching out to say hello to a grandparent or cousin or doing an extra chore for a sibling or your parent. You can plan for each member to do an act of kindness or plan one as a family together.	My Bedtime Routine: <a href="https://phecanada.ca/sites/default/files/content/docs/Home%20Learning%20Resource/K-3/Emotional%20Well-Being/K-3%20EW%20Round%20My%20Bedtime%20Routine.pdf">https://phecanada.ca/sites/default/files/content/docs/Home%20Learning%20Resource/K-3/Emotional%20Well-Being/K-3%20EW%20Round%20My%20Bedtime%20Routine.pdf</a>	Continue exploring the Zones of Regulation. Check out our classroom blog on our website for a Zones Parent Presentation.	Listen to the audiobook <i>When Sophie Gets Angry – Really, Really Angry...</i> on Epic (It is assigned in the French Kindergarten Folder).	

**Green** = by themselves    **Blue** = with some support at times    **Pink** = with support/ a person to play with

We would like to offer a biweekly choice board to provide you with some extra activities if you are interested, especially for those who are choosing not to come to school at this time. Please do not feel any pressure to complete these, they are just available to you if you are looking for additional educational activities for your child.

*Choose what works for your family. You can complete all the activities throughout the week, you can complete an activity more than once, you can choose not to do some activities. You can do them in order or jump around - point is, **stress-free “play” learning is the goal!***

*If you choose only one or two activities a day, we encourage you to start with the ones in the **“Try these activities first!”** sections. If you are looking for more, try the **“Additional Activities”** sections. \*Many of these skills are transferable from English to French. Do this in whichever language you choose.*